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Pediatric Sleep-Disordered Breathing Observation

Please start the observation between 1 to 1.5 hours after your child falls asleep.
Observe your child for 10 minutes twice a week for one month.

Date	Time Asleep	Time observed	Snoring		Sleep Position	Mouth		Apneas		No. of Apneas	Length of Apneas
			Yes	No		Open	Closed	Yes	No		